

COMMUNITY NURSING STUDENTS' PRACTICUM EXPERIENCES AT SCHOOL PLACEMENTS

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3rd year BScN students, Ryerson, Centennial, George Brown Collaborative Nursing program

Outline

- Background
- Theoretical Foundation
- Findings
- Conclusion
- Acknowledgements
- Questions



Background

- Ryerson's nursing program consists of one full year of community health practice

- Placement sites:

- Occupational health clinics
- Infection Control
- Health policy development in long-term care homes
- Elementary schools within the Greater Toronto Area



Theoretical Foundation



Methodology

- Verbal discussion with 5 third year nursing students from the Ryerson, Centennial, George Brown Collaborative program following the 2016/2017 academic year.
- All individuals equally shared their opinion and experiences about their clinical practice.
- Data was analyzed using qualitative data analysis.



Findings



Stress
Management

Nutrition

Positive
Relationships

Physical
Activity

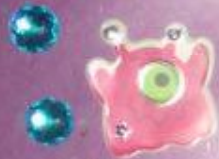
Hand
Hygiene



G E R M



A R E



EVERYWHERE





Stress Management

Stress is your body's reaction to situations that challenge you.

Good stress is a motivator that helps people face challenges effectively. Good stress provides an incentive to be productive and focus on the task at hand.



Bad stress is how you feel when you stop worrying about something and feel overwhelmed because stress is too much.



Ways to take a break



Positive Relationships

WHAT IS A POSITIVE RELATIONSHIP?

A positive relationship is when you build a connection with someone that has trust, respect, honesty, and support from BOTH you and the other person.



HOW DO WE HAVE POSITIVE RELATIONSHIPS?

- Be kind and caring
- Be respectful
- Be supportive
- Be honest
- Be understanding
- Before you speak, THINK
- Be able to communicate how you feel



Before you speak
THINK
T - Is it True?
H - Is it Helpful?
I - Is it Inspiring?
N - Is it Necessary?
K - Is it Kind?



WHEN SHOULD WE HAVE POSITIVE RELATIONSHIPS?



WHAT DOES A POSITIVE RELATIONSHIP MEAN TO YOU?



COMMUNICATION
HEALTHY
RELATIONSHIPS
VALUE

WHY HAVE POSITIVE RELATIONSHIPS?

- Make
- Make
- per
- Hel
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- He
- Giv
- ne

WHO HAVE POSITIVE RELATIONSHIPS?



WHERE SHOULD WE HAVE POSITIVE RELATIONSHIPS?

Quotes



“I learned that, just like in any health care setting, teamwork is essential to promoting a functioning and supportive environment, and a school setting is no different. I worked with all staff members of the school as well as many students. These interactions allowed me to strengthen and improve on my collaborative and interpersonal skills.” - Sharon Diep, 3rd year

“I developed strong leadership skills, to take initiative to seek help and find the resources that will help me gain an understanding of the environment, population needs and nursing knowledge that will help me teach students. ” – Winnie Lam, 3rd year

Quotes



“When working within a community, it is important to continually build rapport with the members and work with them in any way you can. Sometimes I would be helping the teachers with classroom duties or just spending time reading to the students. -Alexa Jugo, 3rd year

“Having self-motivation and thinking positively has allowed to me to be on top of my game for my lesson plan and helped me be confident. Especially at certain times, I felt really overwhelmed that I had to present to 5 classes that contained 30 students each. However, with having self-motivation I was able to calm down and think positive.”
– Mathure Arumugavadivel, 3rd year

“I have grown to become more patient and improve my communication skills. I am able to effectively apply concepts into different populations while expressing the main message.” - Vishal

Themes:



Personal Development:

Communication

Time
Management

Community Health Standard:

Professional Relationships

Conclusion

- Utilizing and enhancing communication and time management skills were most important to students.
- Implemented in health promotion strategies and enhanced effectiveness of disseminating health promotion content to elementary grade students.
- Building professional relationships with students, parents and staff at placement were essential to establish respectful environment and status as a health staff member and building resources to help nursing students succeed in their experience.



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THANK YOU!

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