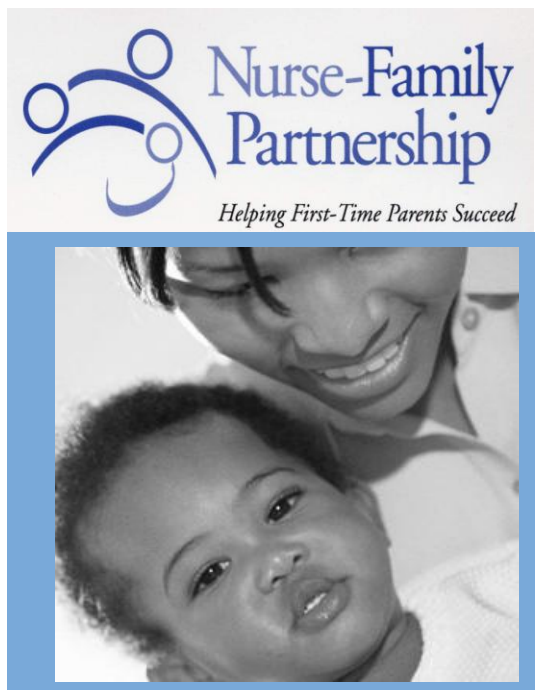


Objectives



- Overview of the Nurse-Family Partnership (NFP) home visiting program
- Review study methods
- Review impacts of home visiting
- Practice recommendations

NFP photos Courtesy of David Olds, PhD



**Long-term Home Visiting with Vulnerable,
Young Mothers: Impacts on Public Health
Nurses**

The Nurse-Family Partnership: Evidence-Based, Targeted Home Visiting

- Focus on young, first-time, low-income mothers
- Enrollment prior to 29 weeks gestation
- Visits range weekly to monthly
- Visits span 2 ½ years
- Proven child and maternal benefits



Long-term Home Visiting with Vulnerable, Young Mothers: Impacts on Public Health Nurses

BLUEPRINT FOR ACTION:
INFLUENCE, INFORM, INSPIRE

June 17 - 19, 2013
7th National Community
Health Nurses Conference
Kelowna, BC

Methods

Phase one

- Design: Secondary analysis of focus group data from pilot Canadian NFP study
- Sample: NFP Nurses from pilot (n = 6)
- Data collection: 5 focus groups between 2009-2011
- Analysis: Conventional content analysis

Phase two

- Design: Interpretive description
- Sample: All past and current NFP Nurses (n = 10)
- Data collection: Individual interviews
- Analysis: Conventional content analysis

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Emerging Themes: Impacts of Home Visiting

- Centrality of the therapeutic relationship
- Simultaneous experience of great personal reward and emotional toll
- Nurses value the NFP model and describe their experience as ‘transformative’ and ‘life-changing’
- NFP is in stark contrast to existing home visiting programs

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Conclusions

- The nurse is foundational to program success
- The team is crucial to supporting nurses who work in isolation
- Both formal and informal mechanisms to debrief are utilized by nurses
- Consider organizational contributions to work stress

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