

BUILDING A HEALTHY COMMUNITY

Innovation and Collaboration in the Health Care Delivery

In Rooming Houses

Joanna Binch RN (EC)
Tania Dorley RN

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Introductions

Joanna Binch, RN(EC), MScN, CCHN(c), ACRN



Tania Dorley, RN, BScN, CPMHN (C)




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AGENDA

- Introductions
- What is a Rooming House?
- Who lives there ?
- Nursing Team Model
- Description of Program
- Who We Work With : Community Partners
- Successes
- Not-So-Successes
- Take Home Messages



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SOMERSET WEST CHC


Ottawa





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What is a Rooming House?



- Max 5 rooms to one bathroom, shared or no kitchen
- For profit, and non-profit
- Licensed and unlicensed
- \$350.00 to \$650.00/month
- Pay extra for cable, air conditioning...
- "Bottom rung" of housing ladder




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Who Lives in a Rooming House?

- Majority are men
- 63% are on OW or ODSP (almost 75% earn less than \$15 000/year)
- 86% rely on food banks or drop-in meals
- 35.5% report being in fair or poor health
- 40% have no family doctor
- 55% have lived in room for less than 1 year
- 56% have problems with addiction
- 60% reported having health conditions, with 68% of these being mental health conditions, 19% of these having 3 or more mental/physical condition

Profile of Rooming House Residents CMHC - 2006



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Somerset West Survey

- 7 different rooming houses at summer BBQ
- 77 clients completed survey
- 94% male
- Average length of stay 3 years
- 51% mental illness
- 15% chronic lung condition
- 42% addiction
- 24% ER in the last year
- 43% rate health as either fair or poor




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Weekly outreach, total 20+ rooming houses





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Somerset West Community Health Centre

Our Program

- *Tb Clinics
- *Flu Clinics




Fall Flu Clinic



What: **FREE Flu Shots**
 Where: **506 Bronson Ave.**
 When: **Tuesday, November 18**
2:00- 3:00 pm
NO Health Card Required

Let's beat the Flu !! Open to all residents in the SWCHC area.

For more information contact:
 For more information contact:
 • Tessa or Joanne @ 226-6210
 • Or see Cheryl in the office



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Vet clinics 2 per year

Monthly Bike clinic in summer months



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*Source for boots, blankets, fans, toiletries, linens and anything else we can get

*Bed bug kits, detainers, mattress covers



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*Transportation & Accompaniment
*Advocacy
*Memorial services when needed

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Christmas Bag Project



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Summer BBQs at all our rooming houses



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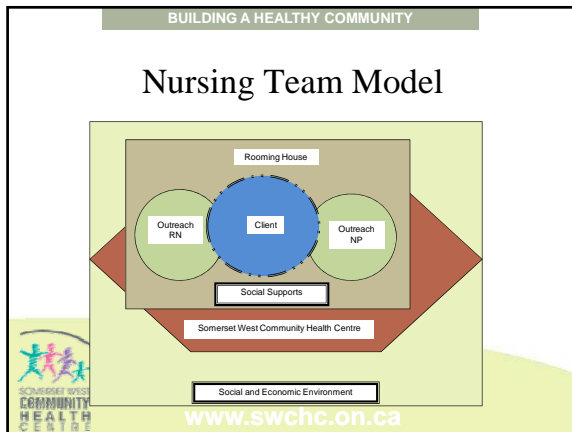
Beg, Borrow & Steal



- Donations
- Centre-wide initiative
- Solicited community partners
- Small budget
- Innovative projects apply to special project funds



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- ### Community Partners
-
- Outreach workers
 - Housing Providers
 - Housing Help
 - Shelters
 - Inner City Health
 - Ottawa Public Health
 - Drop-Ins
 - Social service agencies
 - Mental health
 - Community Pharmacies
 - ??Hospitals
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- ### Successes
- Connections & Reconnections
 - Health Care
 - Community Development
 - Trust in Nurses
-
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Not-So-Successes



- Bad program ideas
- Staff fit
- Funding
- Inadequate health care services
- Communication
- Us!



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Take Home Messages

- Low threshold approach
- Health care Team
- Consistent
- Non-judgmental and professional
- Schmooze
- Flexible




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Thank You

“Too often we under estimate the power of a touch, a smile, a kind word, a listening ear, a honest compliment, or the smallest act of caring, all of which have the potential to turn a life around.”

Donna Markova



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