

Monday May 30th
Pre-Conference Workshops

All pre-conference workshops require a separate ticket when registering

Time	Workshop Description
<p>9:00 am – 4:30 pm</p> <p>(Full Day)</p>	<p>PC1: Building Leadership Competencies Cost: \$70+ HST</p> <p><i>Presented by: Community Health Nursing Leadership Institute and Committee of Standards & Competencies Standing Committee, Community Health Nurses of Canada</i></p> <p>Are you a public health nurse delivering public health services? A public health nurse manager or director? An educator? A consultant? This workshop will be of interest to you. Leadership plays a pivotal role in the lives of all public health nurses. It is an essential element for quality professional practice and practice environments. Public health nurses use leadership competencies to build capacity in organizations, and communities, as well as advocate for individuals. Changing practice environments facilitates the opportunity for public health nurses at all levels to acquire leadership skills and influence positive change within the work and mandate of their organization.</p> <p>In the morning workshop, members from the Community Health Nursing Leadership Institute committee will introduce the purpose of the Institute in advancing leadership in public health nursing which is one of the Blueprint for Action plans. The development and application of the new public health leadership competency statements will be discussed. Participants will reflect on questions like: How do you define leadership? What has been a high point in a leadership experience when you felt successful? What did you value most about your leadership experience? What is unique about public health nursing leadership? How are the leadership competencies apparent in your work environments? What can be done to strengthen your leadership? What does Canada need to support leadership development in public health nursing?</p> <p>For the afternoon workshop the members of the CHN Leadership Institute will consult with you on your leadership development needs, and how the Community Health Nursing Leadership Institute could advance the adoption of the leadership competencies in public health nursing.</p> <p>Join us to explore these questions and together we can find some answers!</p> <p>Learning Objectives:</p> <ul style="list-style-type: none"> • Become aware of the public health leadership competencies and the development of the competency statements. • Critically reflect on your personal leadership. • Identify opportunities to enhance your leadership competencies. • Identify leadership development needs. • Learn about the purpose and development of the CHNC Leadership Institute.
<p>9:00 am – 12:00 pm</p> <p>(1/2 Day)</p>	<p>PC2: Dynamic Continuing Education for the 21st Century: Skills Online No Cost* *Note this workshop is offered at <u>No Charge</u> thanks to the generous support of Public Health Agency of Canada, Pre-registration is required</p> <p><i>Presented by: Public Health Agency of Canada</i></p> <p>This interactive workshop will provide front line practitioners, managers and academics with an overview of Skills Enhancement for Public Health: <i>Skills Online</i>, an innovative web-based, continuing education opportunity. Interactive features of the program will be highlighted using a guided, hands-on demonstration of a module, allowing participants to experience what it is like to learn within an online environment. Integration of the program with the Canadian Community Health Nursing Standards of Practice and the Core Competencies for Public Health in Canada: Release 1.0 will be discussed, as well as benefits of the program including how <i>Skills Online</i> has helped nurses prepare for the Community Health Nursing certification exam. Participants will have the opportunity to work with nursing colleagues from across the country.</p> <p>NB: Participants <u>must provide their own laptop or tablet</u> for this workshop (Computers will not be available on site).</p> <p>Learning Objectives:</p> <ul style="list-style-type: none"> • Become familiar with the key features of <i>Skills Online</i>. • Discuss the potential benefits of the program. • Identify strategies that contribute to successful completion of <i>Skills Online</i> modules.

Time	Workshop Description
<p>9:00 am – 12:00 pm</p> <p>(½ Day)</p>	<p>PC3: Looking In , Acting Out: The Benefits of Reflective Practice In Palliative Care Cost \$70 <i>Presented by: Peter Barnes, Rev.Dr., Canadian Certified Counsellor, Canadian Counselling and Psychotherapy Association, Certified Spiritual Care Specialist, Canadian Association for Spiritual Care, Certified Teaching Supervisor, Clinical Pastoral Education, Canadian Association for Spiritual Care & Valerie Brett-Westcott, BNRN, Home and Community Care Coordinator(Temporary), Palliative End of Life Program, Rural Avalon and Peninsulas, Eastern Health, Palliative End of Life Committee Care, Community Health Nursing Standards Team</i></p> <p>From birth to death the caring work of a nurse requires an extensive body of knowledge. This knowledge is acquired through many ways, much of it formal, theoretical learning. The clinician must always seek to expand this knowledge in conjunction with their experience throughout their career. As indicated in the CHNC document “A Blueprint For Action For Community Health Nursing in Canada,” the “community health nurses embrace multiple ways of knowing,” implying the heart and human spirit as well as the mind.</p> <p>Reflective practice is viewed as a very important, if not essential aspect of this learning continuum. Donald Schon (1983) in his work on reflective practice suggests “the capacity to reflect on action so as to engage in a process of continuous learning was one of the defining characteristics of professional practice.” Reflection on action, the most common form is a looking back on actions taken; what was done, what could be done differently, what does this mean for myself as the practitioner and those whom I serve. Reflection in action is considered to be the distinguishing characteristic of the experienced professional as one reflects while they are in the moment, being both a participant and an observer.</p> <p>As we strive as community health nursing to address the issues that challenge our health care system a reflective practice approach can only enhance our knowledge as we move forward seeking positive professional and personal change and care.</p> <p>This workshop will discuss the role of reflection in improving professional practice and present some tools to assist the learner. While the focus of this workshop centers primarily on palliative care, the concept is beneficial in all care settings.</p> <p>Learning Objectives:</p> <ul style="list-style-type: none"> • Develop a better understanding of reflective practice as a tool for change • Understand the value of self- awareness and self-care in relation to professional and personal aspects of nursing practice • Appreciate the value of effective communication on the clinical relationship
<p>12:00 pm – 1:30 pm</p>	<p>Lunch on Own</p>
<p>1:30pm – 4:30pm</p> <p>(½ Day)</p>	<p>PC4: Showcasing CASN E- Resource Exemplars of Teaching Strategies for Entry to Practice PHN Competencies Cost \$70 <i>Presented by: Ruth Schofield, Donalda Wotton, JoAnn Tober, Lisa Ashley</i></p> <p>This pre conference will showcase exemplar teaching strategies from an on-line E-Resource developed to support educators and practitioners. Participants will engage in discussion of the relevance and integration of these strategies to their student teaching or workplace orientation experiences. In addition, participants will be invited to share additional teaching strategies that they have used to promote Entry to Practice PHN Competencies.</p> <p>Background The Canadian Association of Schools of Nursing (CASN) entry to practice PHN competency E-Resource for educators and practitioners.was launched in the summer 2015. This data base contains exemplar teaching strategies for each of the Public Health Nursing competency domains and provides related indicators. Educators or practioners can select a relevant teaching strategy to support the learning activities of nursing students or the orientation activities of new community health nurses. Participants will also be invited to share their ideas and resources used to promote the integration of Entry to Practice PHN Competencies.</p> <p>Learning objectives:</p> <ol style="list-style-type: none"> 1. To increase awareness of this E-Resource, 2. To increase application of teaching strategies related to entry to practice PHN competencies in undergraduate curriculum and workplace orientation programs. 3. To solicit new ideas and resources to promote Entry to Practice PHN competencies

Time	Workshop Description
<p data-bbox="115 163 302 236">1:30pm – 4:30pm</p> <p data-bbox="115 263 302 298">(1/2 Day)</p>	<p data-bbox="302 163 1539 198">PC5: The Principles of Wound Care Management</p> <p data-bbox="302 198 1539 233">Cost \$70</p> <p data-bbox="302 233 1539 268"><i>Presented by: Angela McGinn, ConvaTec Canada Ltd.</i></p> <p data-bbox="302 295 1539 330">Learning objectives:</p> <ul data-bbox="357 330 1539 631" style="list-style-type: none"> <li data-bbox="357 330 1539 365">• Describe components of a comprehensive wound assessment <li data-bbox="357 365 1539 438">• Utilize knowledge gained to improve assessment techniques in the clinical setting <li data-bbox="357 438 1539 510">• Describe the difference between infection and critical colonization in chronic wounds <li data-bbox="357 510 1539 583">• Describe the role of broad spectrum antimicrobials in the management of chronic and acute wounds. <li data-bbox="357 583 1539 618">• Identify/differentiate between the stages of pressure ulcers