

Healthier Schools Healthier Students Project

*Interior Health Authority
May 17, 2011*

Heather Allen, Promotion and Prevention, Practice Lead

Rhonda Tomaszewski, HSHS Project Lead

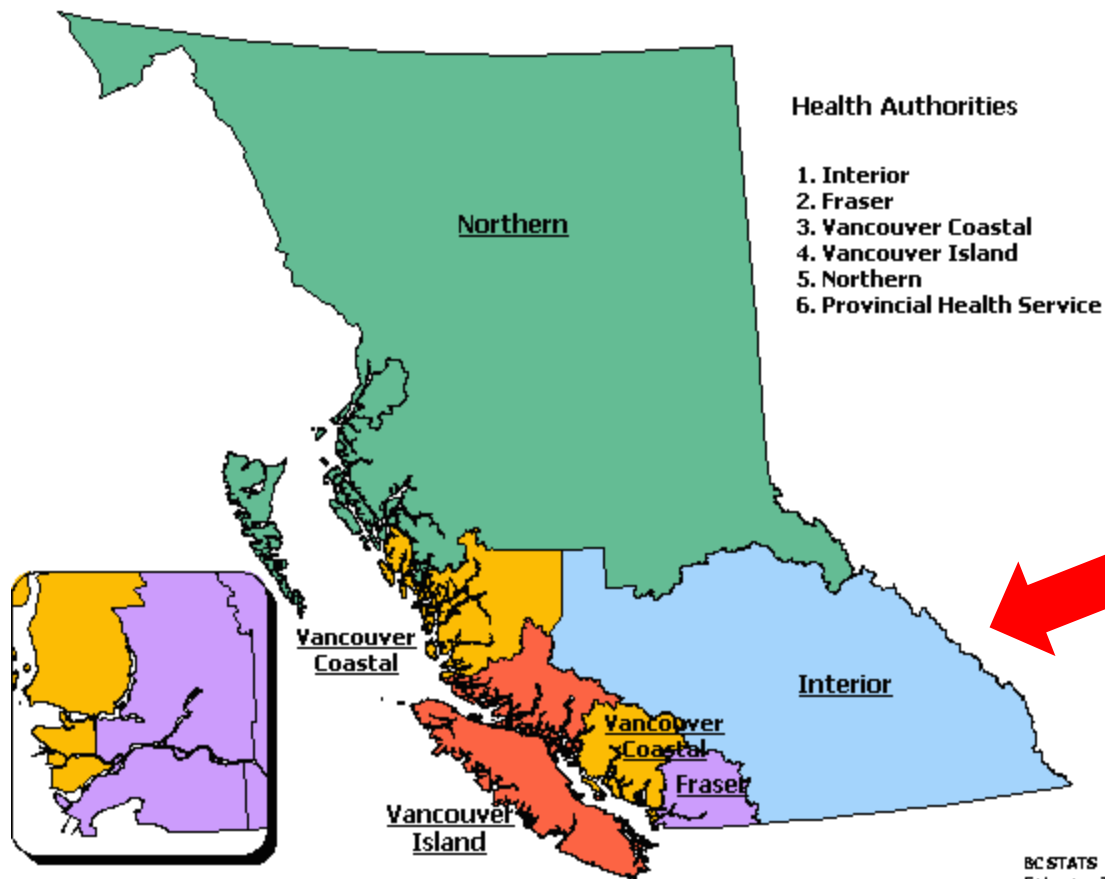


Objectives

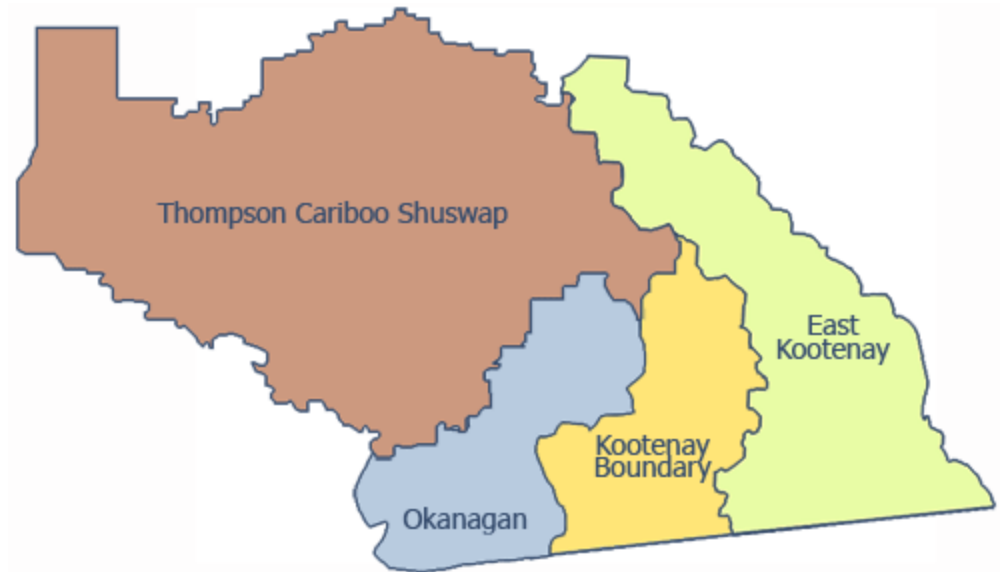
- Identify steps of effective engagement with school communities.
- To understand how a health authority and school district partnership can advance the comprehensive school health approach.



B.C. Health Authorities



Interior Health Authority



Healthier Schools Healthier Students Project Overview

Project planning: Fall 2007

Consultation Phase: Feb 2008 with School District Staff, IH staff, MCFD, parents and youth

Recommendation Report: June 2008

IH Roles in the School Setting:
Recommendations for Change



Healthier Schools Healthier Students Project Overview

Implementation Plan: Dec 2008

- Project Advisory Committee formed and a Project Lead named
- Three year HSHS Implementation Plan developed
- HSHS Project Communication Plan developed for internal staff and external partners



Consultation Phase – February 2008

- IH staff input
- School community input
 - Six consultative meetings held across IH
 - Online survey for those unable to attend meetings in person
 - Selected interviews
 - Three youth focus groups



Consultative Phase: Planning

- Review of other models
- Plan developed with guidance from the Steering and Advisory Committee
- Support and guidance from Medical Health Officers for all phases of the project



Recommendations for Change

- Support school districts and schools in their efforts to create healthy schools for all. Do this by establishing clear personal relationships at the district, school and teacher levels, by communicating more effectively, by planning together, and by supporting, celebrating and expanding on successful efforts.



Recommendations for Change

- Create the mechanisms and a working culture within Interior Health to ensure there is a common understanding of the importance of, and approach to, its work in schools.
- This means ensuring there is communication, coordination and cooperation between all of the work sectors in the organization which connect in some way to schools.



Recommendations for Change

- Build on and improve the existing communication systems with the school community and other stakeholders to ensure Interior Health is contributing to a comprehensive school health approach that is successful.

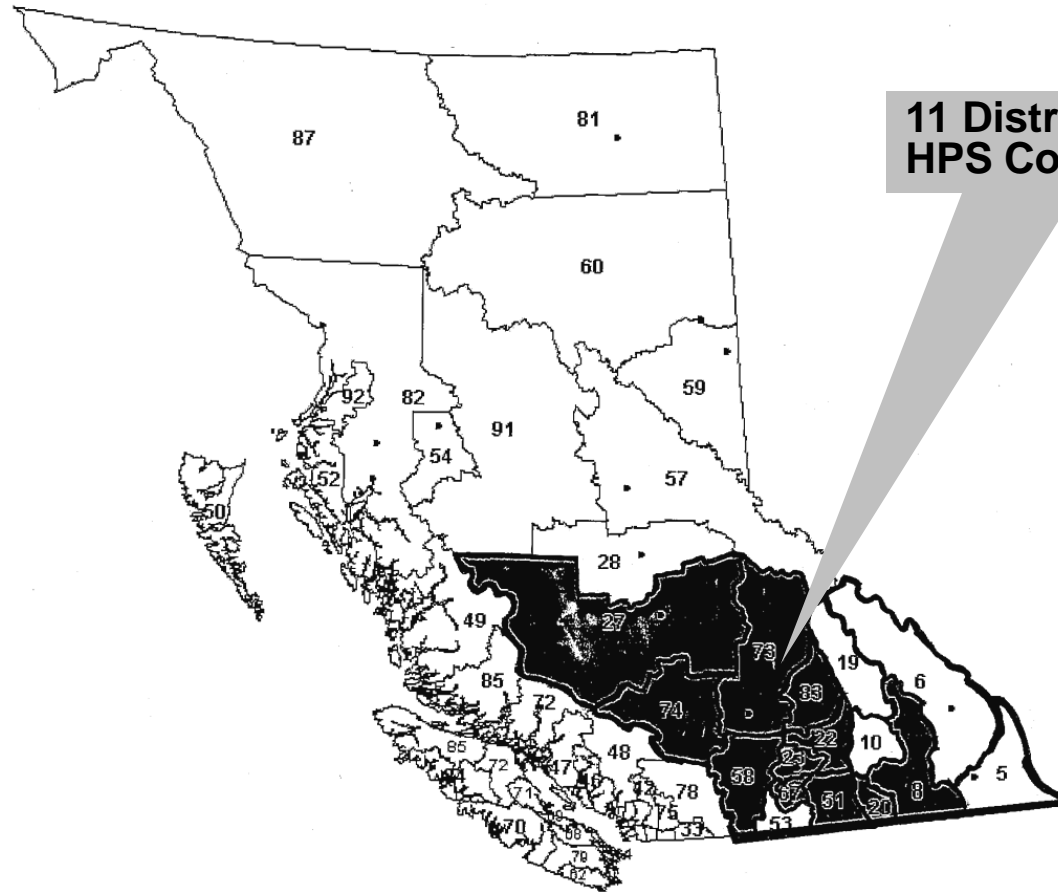


Health Promoting School (HPS) Coordinator Initiative

- 11 school districts within IH are participating in the initiative
- 2 additional districts have been awarded funding for HPS coordinators to start September 2011
- 3 year contract with each School District
 - ❖ Outlines deliverables under the pillars of Comprehensive School Health



BC School Districts



**11 Districts with
HPS Coordinators**



HPS Coordinator Initiative

Evaluation Plan: Year 1 and Year 3 of the Initiative

- ✓ Interim HPS Coordinators' Report completed in December 2010
- ✓ Year –end HPS Coordinators' on-line survey completed April 2011
- ✓ Focus groups for HPS Coordinators and Supervisors completed May 2011
- ✓ District Superintendents and Principals on-line survey in progress



Support for HPS Coordinators

- IH Orientation for HPS Coordinators and their supervisors: November 2010
- HPS Coordinator Teleconferences
- Monthly HPS “e-newsletter” developed for HPS Coordinators as well as for school districts who do not have a HPS coordinator.
- Face to face meeting May 2011
- Connections to internal resources and provincial agencies such as DASH BC, CARBC and Action Schools BC



HPS Coordinator Initiative: Future Plans

- Continue regular communication with internal staff
- Support Public Health Nurses with Clinical Practice Standards
- Review possibilities of learning event for internal IH staff and SD staff
- Continue to look for additional funding to support the work



More Information:

Interior Health Website

http://www.interiorhealth.ca/school_health.aspx
www.interiorhealth.ca

Select Healthier Schools Project

Heather Allen, Practice Lead

heather.allen@interiorhealth.ca

1-250-365-4311

Rhonda Tomaszewski, Project Lead

rhonda.tomaszewski@interiorhealth.ca

1-250-980-4807





Questions?