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First Nations, Inuit and Métis Program



Knowledge Sharing in Cancer Control: Improvement in Client Assessment, Treatment and Care in First Nation Communities



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Knowledge sharing in cancer control

Learn...

- how a web-based cancer course and webinar series brought together health service providers from across Canada
- about leading practices in cancer control knowledge sharing and exchanges
- about supporting better client outcomes in community health nursing





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Strong commitment to working in partnership with First Nation communities and key partners

Funded through a mix of government (provincial and federal) and non-government funding and charitable donations from the Saint Elizabeth Foundation, with an ongoing commitment to sustainability





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Canadian Partnership Against Cancer

The Canadian Partnership Against Cancer is an independent organization funded by the federal government to accelerate action on cancer control for all Canadians

The Partnership works with cancer experts, charitable organizations, governments, cancer agencies, national health organizations, patients, survivors and others to implement Canada's cancer control strategy





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Unique partnerships

Across the country...

Saint Elizabeth has worked extensively with First Nations and Inuit Health (FNIH) organizations, territorial governments, FNIH regions and national headquarters, Tribal Councils and communities in many parts of the country

Combining leading practices and innovative technologies with meaningful involvement of First Nation partners has been the foundation of our success to date





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@YourSide Colleague®

A secure web-based learning and knowledge sharing program...

- on-line learning courses that reflect the latest evidence and leading practices
- offers around-the-clock access to a virtual support network
- enhances quality of care at a local level
- reduces the sense of isolation health providers experience in rural and remote communities
- supports care decisions and is relevant and responsive to community needs





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First Nations, Inuit and Métis Cancer Control the Cancer Care course

Based on the early and significant impact of the course and supported by The Canadian Partnership Against Cancer (Partnership) Advisory Committee on First Nations, Inuit and Métis Cancer Control the Cancer Care course is being expanded to all provinces across Canada





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First Nations, Inuit and Métis Cancer Control the Cancer Care course

Course Competencies

- Introduction to Cancer
- Types of Cancer
- Causes of Cancer
- Reducing the Risk of Cancer
- Screening
- Early Detection and Diagnosis
- Common Cancer Treatments
- Managing Symptoms
- Oncological Emergencies
- Psychosocial Effects and Needs





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Chronic disease prevention and self-management webinars

Launched in 2011 the CDPSM webinar series covered important topics such as:

- chronic disease prevention and self-management
- cancer control
- chronic obstructive pulmonary disease
- social media and informal learning
- diabetes care

In addition, a total of **4** communities of learning (CoL) have been created within @YourSide Colleague® to support on-going participant learning, knowledge sharing and access to subject matter experts after each webinar event is offered





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Chronic disease prevention and self-management webinars

To date, a total of **9** webinars were successfully delivered to approximately **300** registered participants from across Canada by a team of 12 knowledgeable facilitators





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Cancer control knowledge sharing and exchange

Chronic Disease Prevention

2 Chronic Disease Prevention webinars were offered in January and February 2011. Special emphasis on prevention of Cancer was included in the presentations

A combined total of approximately **60** learners participated in the webinars

The facilitators included Marlene Del Pino R.N., BScN, M.N., and a Clinical Nurse Specialist with Chronic Conditions Saskatchewan Region, FNIHP, Health Canada and Cheryl Whiting RN, BSN, CON(C), the Provincial Leader with Cancer Prevention Population Health Division at Saskatchewan Cancer Agency





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Cancer control knowledge sharing and exchange

Cancer Control

2 cancer control webinars were offered in February 2011 addressing the topics of culturally appropriate care and cancer screening strategies to improve participation in FNIM communities

A combined total of **100** learners participated in the webinars

The facilitators included Rina Chua-Alamag, Manager, Aboriginal Cancer and Prevention Team, prevention and cancer control with Cancer Care Ontario and Pam Tobin, M.A., Project Lead with the British Columbia Northern Cancer Control Strategy





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Cancer control knowledge sharing and exchange

Chronic Obstructive Pulmonary Disease

3 COPD webinars were offered in March and April that covered the following topics;

- COPD-Signs and Symptoms
- COPD-Medication Management
- COPD and Exercise

A combined total of approximately **81** learners participated in the webinars

The facilitators included Jan Haffner, BPT, CRE, RESPTrec Administrator and VP of Health Initiatives with the Lung Association of Saskatchewan and Trent Litzengerger a Physical Therapist, Certified Respiratory Educator, and Program Coordinator for the Saskatoon Pulmonary Rehabilitation Program with the Saskatoon Health Region. Trent is the lead author of the COPD Toolkit© as well as a National Trainer for RESPTrec©



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Cancer control knowledge sharing and exchange

Social Media for Working and Informal Learning

In April, 2 concurrent webinars were offered that covered the topic of social media for working and learning. A combined total of approximately **40** learners participated in the webinars. The facilitators included five highly skilled graduate level students from the University of Western Ontario





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Supporting better client outcomes in community health nursing

What did you find most helpful about the session?

- stats re chronic disease prevention
- refresher on Cervical Cancer/HPV and hearing first hand about real life experiences/barriers of FN women
- explanation of chronic disease
- informative, well delivered, common sense discussion, will be able to apply easily in my practice, good timing of event
- references to studies about barriers for pap completion
- insight into the process of developing an Aboriginal Cancer Care Strategy; issues/concerns/items necessary to include and address
- refresher and joining others from other parts of Canada
- the identified strategies to overcome barriers to screening and increase participation rates among FNIM population
- the stats and some of the different models chronic care model





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Supporting better client outcomes in community health nursing

What will you do with this information in your practice?

- educate my clients
- ensure family/community members are getting screened
- we are thinking of having a screening bus to come to patients. If we do so, how to also create trusting relationships and a sense of security in that environment
- more awareness and educating clients and encourage clients to live healthier
- initiate chronic disease management programs
- keep in mind as my province/organization moves forward with Aboriginal cancer care and perhaps a Strategy of our own in the future
- share the stats with other health resource team
- be able to discuss with the rest of the team to address our specific challenges, be able to discuss comfortably with clients





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Evaluation

300 learners:

- **96%** of learners found that the amount, length and level of information provided in the webinars were appropriate
- **90%** of learners felt that the information provided was applicable to their practice
- **100%** of learners like the mode of delivery (online/virtual/teleconference) for the knowledge-sharing sessions
- **98%** of learners felt they had participated in a quality learning experience
- **5%** participated from home
- **95% participated from work** and appreciated that they did not have to travel to attend the session.





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Evaluation

Qualitative responses from learners:

“I learned more about the latest treatments for Cancer”

“Increased knowledge base...excellent info”

“It adds to my understanding and knowledge so that I can make informed decisions”

“It will benefit any cancer clients that are being faced with certain treatments/therapies”





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Next steps

An additional **2** webinars will be offered in June 2011 focusing on diabetes prevention and management:

- **Participation and Leadership for Aboriginal Girls and Young Women**
- **Highlighting the CDA 2008 Clinical Practice Guidelines for the Prevention and Management of Diabetes in Canada**





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For More Information

Please visit www.atyourside.ca and click on the First Nation, Inuit, and Metis Icon.



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Questions?

