

# Professional Development & Lifelong Learning

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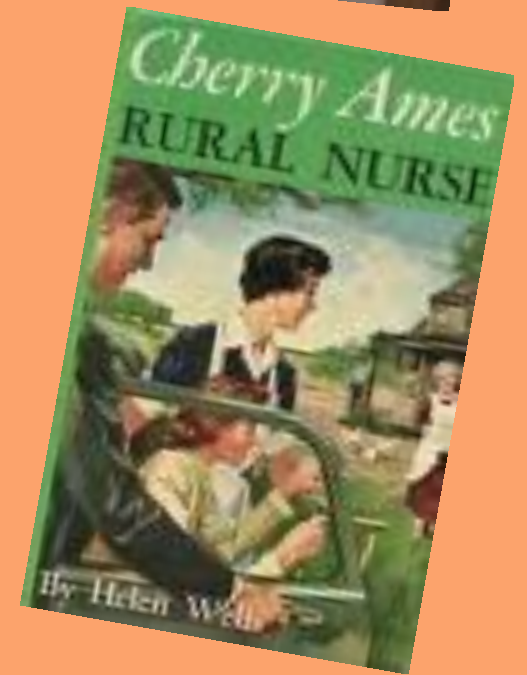
CHNC Conference 2011

# Our Goal

To share an educational strategy that supports PHNs to deepen their sense of professional identity and develop lifelong learning skills.

# Professional Identity

- Who we are
- What we do

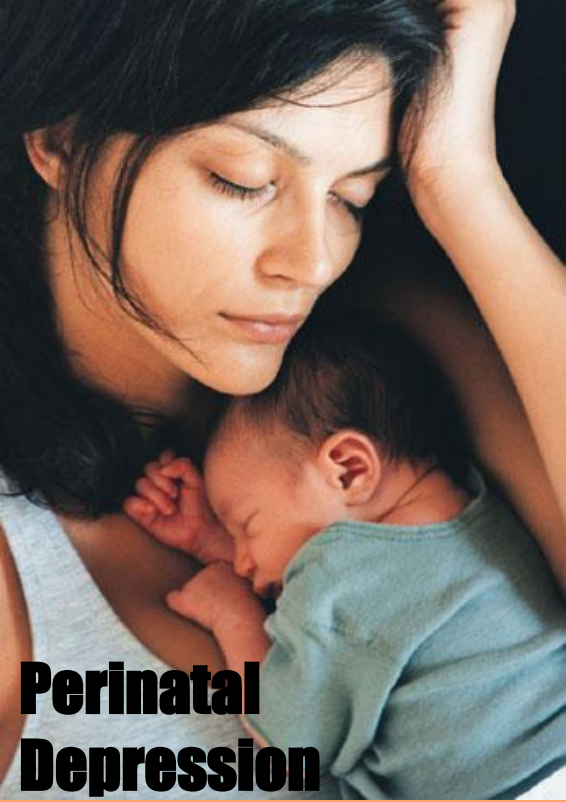






● PHNs in action





**Perinatal Depression**



**Street Nursing**



**Developmental Screening**



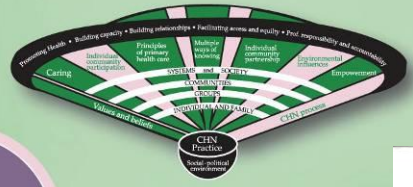
**Breastfeeding Support**



**Parenting Support**

# Canadian Community Health Nursing Standards of Practice

**Standard 1**  
**PROMOTING HEALTH**  
 a. Health Promotion  
 b. Prevention & Health Protection  
 c. Health Maintenance, Restoration & Palliation



**Standard 2**  
**BUILDING INDIVIDUAL/COMMUNITY CAPACITY**

**Standard 4**  
**FACILITATING ACCESS & EQUITY**


**Standard 3**  
**BUILDING RELATIONSHIPS**

**Standard 5**  
**DEMONSTRATING PROFESSIONAL RESPONSIBILITY & ACCOUNTABILITY**


- Values & Beliefs**
- Caring
  - The principles of Primary Health Care
  - Multiple ways of knowing
  - Individual/community partnership
  - Empowerment

Promoting Standards of Excellence for Community Health Nurses in Practice, Education, Administration and Research  
[www.chnac.ca](http://www.chnac.ca)






COMMUNITY HEALTH NURSES OF CANADA



INFIRMIÈRES ET INFIRMIERS EN SANTÉ COMMUNAUTAIRE DU CANADA

Public Health Nursing Discipline Specific Competencies Version 1.0 - May 2009



CANADIAN PUBLIC HEALTH ASSOCIATION

Fourth Edition  
 Public Health ~  
 Community Health  
 Nursing Practice  
 in Canada

Roles and Activities



# What I love about PH Nursing

- The prevention focus
- The babies!
- The independence
- The variety
- Relationship with clients
- Working with diversity
- The new learning – every day!
- Working with people where they are at
- Empowerment (building capacity)
- teaching

# Professional Identity

**How do we strengthen our professional identity?**



# Key Concepts





## Professional Development and Lifelong Learning Pathway

**Goal:** The goal of this pathway is to explore spaces for learning in our practice as public health nurses. Throughout this pathway the PHN Discipline Specific Competencies are used to open up new foci of interest and learning.

### Directions

1. You may start this pathway at whatever section catches your interest
2. Check off and date your learning activities as you complete them.
3. To access the articles referenced in the pathway follow these directions:
  - a) Log onto the FH Intranet and click on the Education & Research tab.
  - b) Click on "Library" and then "Electronic Resources".
  - c) Click on either "Are you looking for a specific journal or article? or Are you searching for articles?"
  - d) To use the A to Z Journal List, type in the name of the journal in the FIND box and click search. Click on the database (either CINAHL or EBSCO). Once you have located the journal, select the year, volume and issue.
  - e) Sometimes you will need to scroll down to find your article. Select PDF full text to bring up the article.



Name: \_\_\_\_\_



## **Professional Development and Lifelong Learning Pathway Outline**

### **I. Professional Development Overview**

- A. Exploring Professional Development concepts
- B. Clinical Decision Making
- C. Reflective Practice
- D. Learning Culture
- E. Learning through our stories

### **II. Ways of Learning**

- A. Learning as an individual
  - 1. Individual learning plan
  - 2. Reflective practice
  - 3. Self-directed learning activities
  - 4. Structured learning activities
  - 5. The Professional Portfolio
  
- B. Learning with others in the workplace
  - 1. Building communities of learning
  - 2. Sharing learning with the team
  - 3. Trying out Story Based Learning
  - 4. Advocating for change

- C. Learning with the National and International Nursing Community

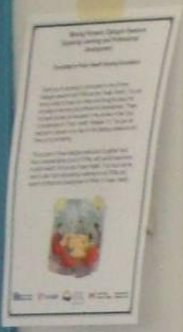
A photograph of two women sitting in chairs and talking. The woman on the left has long dark hair and is wearing a black top; she holds a green mug and has a pen near her mouth. The woman on the right has short grey hair, wears glasses and a purple sweater, and holds a white mug. They are positioned in front of a window with white blinds. The text 'Reflective Practice' is overlaid in the center.

*Reflective Practice*

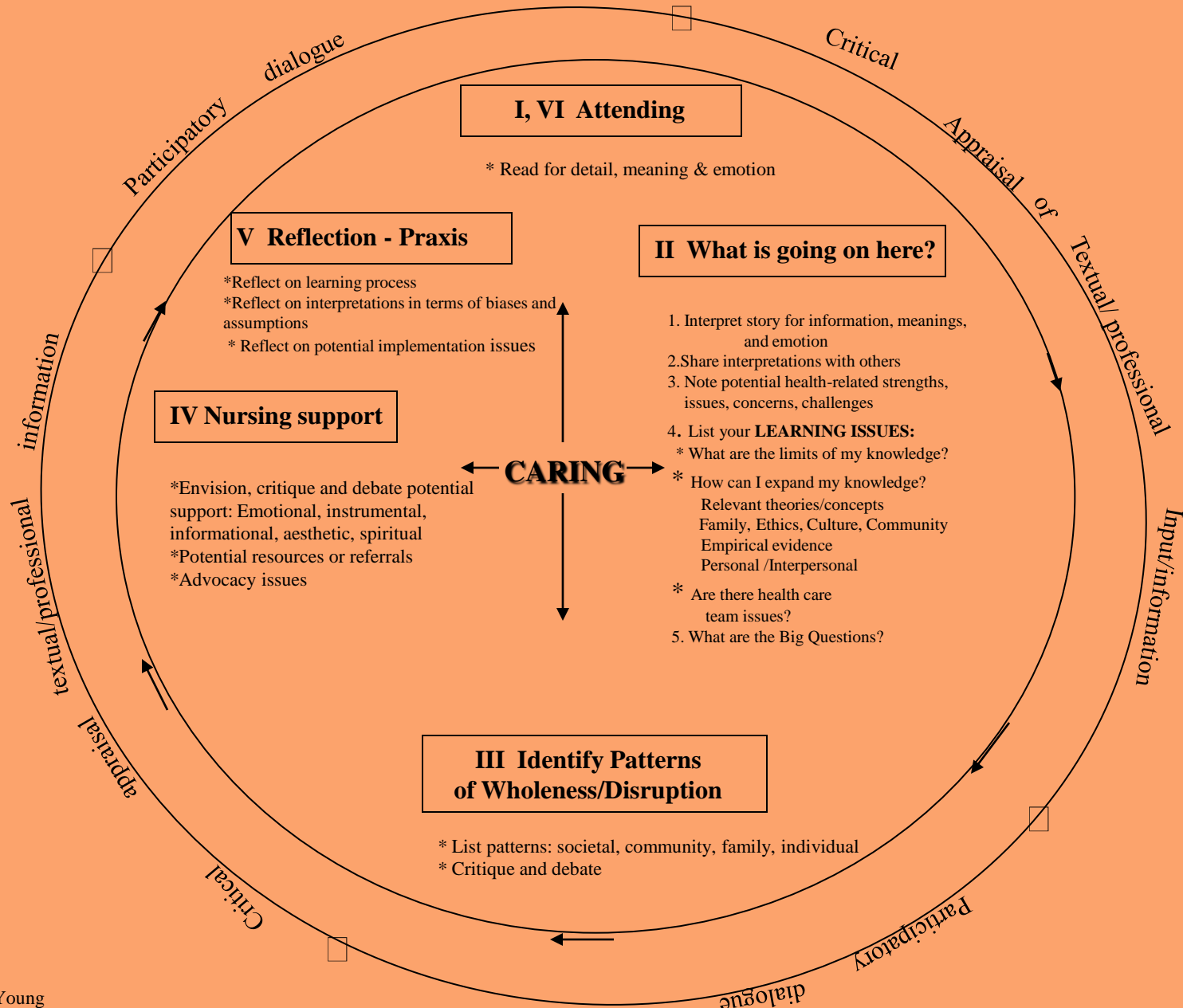
# #1 What Does Professional Development Mean to You?

- Time
- Being current on policies; protocols
- Dev. knowledge base & appropriate support
- Valuing Reflective practice  
↳ mentoring (course pos.)
- Emb

## Group Reflection



# A Story-Based Learning: Blending Content and Process to Learn Nursing



**Figure 8-1**







# Professional Identity



# Lifelong Learning

