



Winnipeg Regional
Health Authority

Caring for Health

Office régional de la
santé de Winnipeg

À l'écoute de notre santé

Interdisciplinary Collaboration

Public Health & Primary Care

Winnipeg





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Public Health in Winnipeg

- Generalist practice





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Healthy Beginnings

- Prenatal classes & visits
- Postnatal home visits
contact within 24 hours of
hospital discharge
- Breastfeeding clinics and
home support
- Home phototherapy
- Family First program





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Communicable Disease Control

- Immunizations
 - Influenza
 - School based HBV, MC, Tdap, HPV
- C.D. investigations





Nor West
Community Health Centre

101-61 TYNDAL AVE.



Nor'West Co-op Community Health Centre

- Non-profit accredited health agency
- Established in 1972, by community members as part of a co-op community health centre
- Programs include:
 - Primary Health Care
 - Early Learning & Child Care Centre
 - Counseling Services
 - Aboriginal Health
 - Family Violence
 - Immigrant Women's Counseling / A Woman's Place
 - Community Development
 - Nor'West Mentor
 - Parent Child Coalition
 - Health Promoter / Dietitian

Decentralization of Public Health

- 1999 moved to Nor'West site
- Co-location enhanced focus on client and community needs between both agencies.
- Opportunities for partnering and collaboration increased – such as Community events, Health Fairs & co-visiting.

Sexuality Health Fair





Awards & Recognition

- Co-operative Achievement Award 2006
- 2007 CRNM Interdisciplinary Team Award
- 1 of 5 health centers across Canada chosen to showcase interdisciplinary collaborative practice 2006



PHAC Core Competencies



- Released September 2007
- Interest among the staff to identify how collaborative interdisciplinary practice supports core competencies # 4 & 5
- # 4 Partnership, Collaboration & Advocacy
- # 5 Diversity & Inclusiveness

Project Objectives

1. What factors affect the integration and collaboration of primary care and public health within this interdisciplinary team?

2. What factors affect public health and primary care staff's attainment, maintenance and utilization of public health competencies in Partnerships, Collaboration & Advocacy and Diversity & Inclusiveness?

3. What is the impact (expected or unexpected; positive or negative) of the practice of this interdisciplinary health care team?

Methods

- Project necessitated innovative tools for assessment / evaluation of current collaborative practices.
- WRHA R & E consulted and contracted
- Appreciative Inquiry (A I) process used for evaluation
- Questions / scenarios – developed around advocacy, collaboration & diversity

Advocacy

At the community level

At the individual level

- Outcomes of advocacy is evident through case scenarios.
- Teen clinics at community level

Diversity

At the community level

At the individual level

Outcomes for questions re diversity:

- Numerous client centered case scenarios shared by staff
- Staff employed from many cultural backgrounds similar to clients
- Staff have opportunities to learn from one another

Collaboration

At the community level

At the individual level

Outcomes of collaboration

Many team members stated:

- Accessible services / multi points of entry
- Clients feel supported

- Seamless / continuity of care
- Staff are supported and encouraged to work together
- Ability to be creative and flexible when responding to individual community needs.

Strengths that support Collaboration

- Co-location
- Accessible services
- Client / community centered approaches
- Positive work environment
- Working towards similar goals but bring unique skill sets
- Relationships / familiarity with other workers / programs

- Structure - joint staff, planning meetings
- Joint management
- Culture – a feeling of working together and a feeling of responsibility to the community
- Job shadowing
- Interdisciplinary case coordination meetings
- Lunch and learn (external and internal learning opportunities)
- Skills – communication, people skills, knowledge of resources

Challenges

Many participants stated:

- Environment / space for clients and staff
- Enhance resources on site (i.e. FSH)
- Enhance existing resources (physicians, administrative support)
- Maintaining & improving collaboration
- Continue educational opportunities for professional growth

The Future

- Project was undertaken to improve and sustain the current interdisciplinary collaborative practice for the Nor'West / WRAH interdisciplinary healthcare team
- Data will be used for planning the Access Center and the transitions that will be necessary as the team expands.
- Information from this project will be used to support the attainment and utilization of the care competencies among Public Health and Interdisciplinary healthcare teams

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Public Health
Agency of Canada

Agence de la santé
publique du Canada

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