
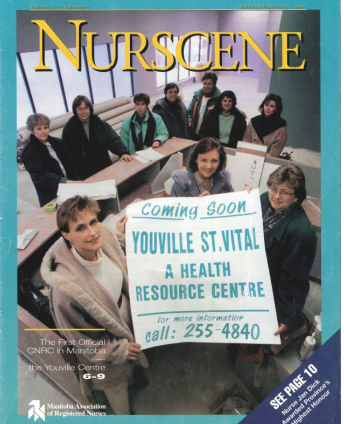


## Youville Centre Challenging the Status Quo

Kim Barrett RN BScN, Dip Midwifery, MH(Nursing)





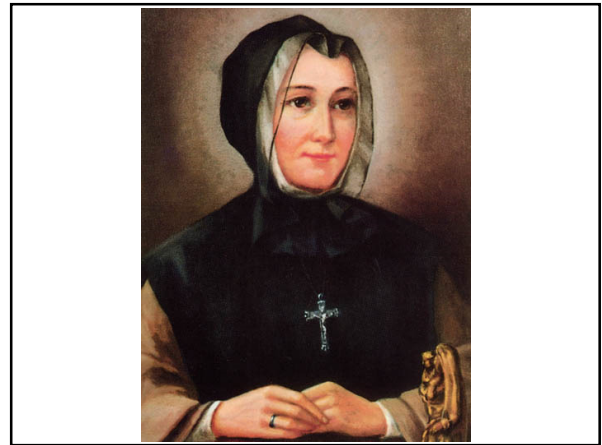
**NURSCENE**

COMING SOON  
YOUVILLE ST. VITAL  
A HEALTH RESOURCE CENTRE  
For more information  
call: 255-4840

The 2014 Gibraltar  
CNPO in Montreal  
The Youville Centre  
G-9

Health Association  
of Regions - Nova


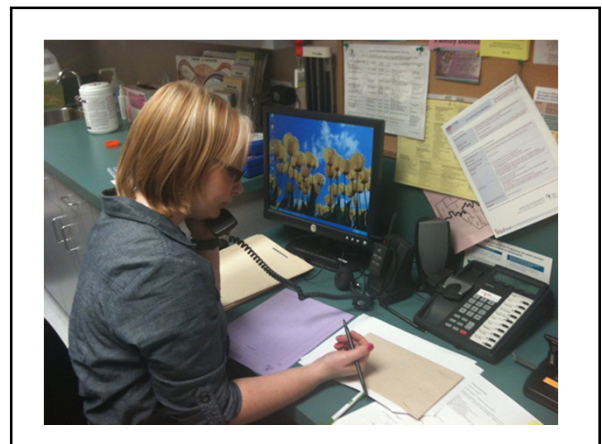
SEE PAGE 10  
Meet the Book  
Project's Winner

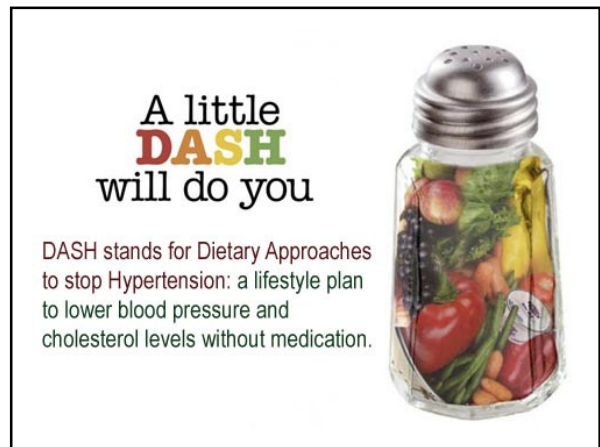


### WHAT MAKES CANADIANS SICK?

<b>50%</b>	<b>YOUR LIFE</b>	<ul style="list-style-type: none"> <li>INCOME</li> <li>EARLY CHILDHOOD DEVELOPMENT</li> <li>DISABILITY</li> <li>EDUCATION</li> <li>SOCIAL EXCLUSION</li> <li>SOCIAL SAFETY NET</li> <li>GENDER</li> <li>EMPLOYMENT/WORKING CONDITIONS</li> <li>RACE</li> <li>ABORIGINAL STATUS</li> <li>SAFE AND NUTRITIOUS FOOD</li> <li>HOUSING/HOMELESSNESS</li> <li>COMMUNITY BELONGING</li> </ul>
<b>25%</b>	<b>YOUR HEALTH CARE</b>	<ul style="list-style-type: none"> <li>ACCESS TO HEALTH CARE</li> <li>HEALTH CARE SYSTEM</li> <li>WAIT TIMES</li> </ul>
<b>15%</b>	<b>YOUR BIOLOGY</b>	<ul style="list-style-type: none"> <li>BIOLOGY</li> <li>GENETICS</li> </ul>
<b>10%</b>	<b>YOUR ENVIRONMENT</b>	<ul style="list-style-type: none"> <li>AIR QUALITY</li> <li>CIVIC INFRASTRUCTURE</li> </ul>

THESE ARE CANADA'S SOCIAL DETERMINANTS OF HEALTH #SDOH





**Every woman should know about Pap tests. Have you had yours?**

**Pap Test Week  
October 23-27, 2006**

No appointment necessary at the nursing station on:

Pap tests are for all women young and old. Ask your nurse if you need one.

If you can't remember when you had your last Pap test, call the Manitoba Cervical Cancer Screening Registry at 1 (800) 616-8806.



**Youville**  
Your Community Health Resource  
Ressource communautaire de santé

6445 St. Denis Street  
Winnipeg, MB R2M 3K3  
Tel: (204) 253-4842  
Fax: (204) 253-4803

Referred by (Name): \_\_\_\_\_  
Clinic phone number: \_\_\_\_\_  
Please ask your client to bring this referral to Youville.

**ASK A NURSE: We can provide health education on:**  
ask a nurse for a nurse - use comments for more information.

<input type="checkbox"/> Anxiety/Stress	<input type="checkbox"/> Nutrition
<input type="checkbox"/> Asthma/COPD	<input type="checkbox"/> Pregnancy
<input type="checkbox"/> Blood Pressure	<input type="checkbox"/> Sleep Hygiene
<input type="checkbox"/> Breastfeeding	<input type="checkbox"/> Smoking cessation
<input type="checkbox"/> Cholesterol	<input type="checkbox"/> Sexual and Reproductive health
<input type="checkbox"/> Exercise	<input type="checkbox"/> Graf

**We can connect you to community resources**

<input type="checkbox"/> Finances	<input type="checkbox"/> Housing
<input type="checkbox"/> Food Security	<input type="checkbox"/> Spiritual health

Comments: \_\_\_\_\_

**Hours of Operation:**  
Monday to Thursday 9am - 5pm; Friday 9am - 5pm  
Walk in or call for an appointment.

