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**Elder Care Education in First Nations Communities: Cultural Considerations for Knowledge Sharing and Wise Practices**  
 June 3rd, 2014

  
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**Meet your Presenter**



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 Mikisi intootem



  
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**Meet your Presenter**




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**Objectives**

- Saint Elizabeth First Nations, Inuit and Métis Program
- First Nation Elder Care Course
- Elder Care Education Webinar Series including;
  - Goals
  - Approach
  - Roles and Responsibilities
  - Webinar Learning Events
  - Target Audience
  - Outcomes- Knowledge to Practice

  
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**Saint Elizabeth First Nations, Inuit and Métis Program**

**Vision:** Honouring the Human Face of Health Care  
**Focus:** Enhance and support the capacity that already exists in First Nation communities by providing options that address the complex issues around health and well-being, improve access and address barriers to care  
**Approach:** Partnership, action-based research, knowledge exchange and mobilization



  
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**Saint Elizabeth First Nations, Inuit and Métis Program**

**Where we are:**  
 National expansion 2011  
**OFFICE LOCATIONS:**

- Long Plain First Nation , Manitoba
- Tsuu T'ina Nation, Alberta
- Wabauskang First Nation, Ontario
- Markham, Ontario
- Montreal, Quebec



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### Today & Expanding

More than **1850** community health care providers from over **444** First Nation, Inuit and Metis communities and organizations across Canada

The map shows the distribution of community health care providers across Canada. It is color-coded by province and territory: Yukon (purple), Northwest Territories (pink), Nunavut (light blue), British Columbia (green), Alberta (yellow), Saskatchewan (orange), Manitoba (light green), Ontario (dark green), Quebec (light blue), New Brunswick (light blue), Nova Scotia (light blue), and Prince Edward Island (light blue). Red dots on the map represent the locations of community health care providers. A legend at the bottom identifies the colors for each province/territory and the red dot for providers. A scale bar indicates distances up to 1000 km.

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### @YourSide Colleague®

A secure web-based learning and knowledge sharing program...

- On-line learning courses that reflect the latest evidence and best practices
- Offers around-the-clock access to a virtual support network of peers and experts

Built on collective wisdom and collaboration

- Enhances quality of care at a local level
- Recognizes learning achievements through certificates and virtual celebrations

*Health care providers in First Nation communities receive **free access** to courses and e-learning events.*

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### First Nation Elder Care Course

- Released in January 2013
- Developed under the direction of the FNIM Elder's Network
- Developed with and for First Nations
- Structured around the components of the medicine wheel to reinforce the importance of wholistic client care

The screenshot shows the course interface for 'Part 1: First Nations Elders'. It includes a navigation menu on the left with options like 'Home', 'Part 1: Role of an Elder', 'Part 2: Cultural Knowledge', and 'Part 3: Historical and Intergenerational Trauma'. The main content area displays the title 'Part 1: First Nations Elders' and a list of topics covered: 'Role of an Elder', 'Cultural Knowledge', and 'Historical and Intergenerational Trauma'. There is also a small video thumbnail showing two people.

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### Elder Care Education Webinar Series

- Education series was based on the newly released First Nations Elder Care Course
- The series of webinar events was held from May – July, 2013 and involved six comprehensive eLearning events focusing on Elder care.
- Education Sessions held utilizing webinar technologies

A photograph showing two women, one with dark hair and one with lighter hair, looking at a laptop screen together. They appear to be engaged in a learning or collaborative activity.

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### Elder Care Education Webinar Series-Goals

- To support and provide education on Elder Care based on the newly released First Nation Elder Care Course
- To encourage community sharing and dialogue on wise practices
- To include cultural components of providing care by including Elder teachings on wholistic Elder care
- To reach out and promote knowledge dissemination in rural and remote communities using e-learning technology
- To support ongoing learning by providing a recording of all sessions within aYSC (@YourSide Colleague)

A close-up photograph of several hands of different skin tones reaching towards a small, light-colored object, possibly a seed or a piece of food, symbolizing sharing, care, and community.

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### Elder Care Education Webinar Series-Approach

- The initiative used high impact web-conferencing technology
- E-learning tools commonly used included interactive poll questions, instant messaging in a chat box for text-based communications and feedback tools for the facilitator and learners.

Three small images illustrating the technology used: a close-up of a hand on a computer keyboard, a person's face on a video conference screen, and a screenshot of a web-conferencing chat interface with various icons and text.

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### Elder Care Education Webinar Series- Roles and Responsibilities

Host

- Provide participant and facilitator training
- Effective marketing and promotion
- Evaluation support
- Debrief sessions


Facilitators

- Subject matter experts and traditionalists led content
- Developed high-impact PPP, case examples, activities, polling questions, chatting, and networking with health service providers

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### Elder Care Education Webinar Series- Learning Events

- Medicine Wheel Teachings
- Defining an Older Person
- Common Illnesses in the Elderly
- Elder Abuse
- Historical and Intergenerational Trauma- Indian Residential School effects on Elders
- First Nations re:ACT Tool



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### Medicine Wheel Teaching Webinar



Kaaren Dannenmann is an Anishinaapekwe, a resident of Namekosiipiink, Canada.

Kaaren Dannenmann a spiritual advisor and provides insight and advice for the Saint Elizabeth First Nation, Inuit and Métis Program.

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### Elder Care Education Webinar Series- Target Audience

In attendance were a total of **87** health care providers including nurses, community health representatives, home health aides and administration assistants from across the country.




★ Facilitator  
★ Host  
★ Participant

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### Elder Care Education Webinar Series- Outcomes

- Six comprehensive eLearning events
- The webinar series reached over 87 learners
- Participants included health care providers working in First Nation, Inuit and Métis communities from eight provinces, Northwest Territories as well as the far north into the region of Nunavut.
- Out of the 87 participants, approximately 32 anonymous online evaluation questionnaires were completed



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### Evaluation Comments

**What did you find most helpful about the session?**

- *The teachings help to consider the entire person, not just the illness or current condition.*
- *Hearing of the healing journey from a Residential School Survivor.*
- *Information on the Beers Criteria*

**What will you do with this information in your practice?**

- *Try to include the spiritual, emotional, mental and physical aspects in what I do with individual residents.*
- *Make elders more aware of the different types of abuse, just because they are not being hit does not mean they are not being abused.*

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### Wise Practices

Allowed time at the end of each webinar for healthcare providers to share what is working in their communities.



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### Certificates of Participation



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### Knowledge to Practice

Survey sent to all participants three months after the Elder Care Education Series

The purpose was to demonstrate how the education series impacted health care providers work and client care in First Nations, Inuit or Métis communities

10 respondents provided valuable information



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### Knowledge to Practice Feedback

List ways which you have incorporated this learning into your practice:

*"We are in trying to develop an elder/adult care program that will address some of the concerns when working with elders. We are in the process of bringing these topics forward with our community elders and service providers."*

*"To help myself grow healthier and prevent elder issues (avoid risk)"*

*"To help improve support programming for Aboriginal people ie medicine wheel teachings"*

*"To recognize abuse & intervention strategies how to find resources for elderly"*

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### Knowledge to Practice Feedback

In relation to the knowledge you gained in the Elder Care webinar series, please describe the impact of your actions and how it supported health and wellness in your First Nations, Inuit or Métis community.

*"We have started talking about elder programming in our community which is lacking."*

*"I think the teachings bring awareness of the reality of Aboriginal peoples to the student nurses and the professors as well. It has also influenced a change in the course curriculums for the school of nursing to incorporate the real truths."*


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### Conclusion

The Elder Care webinar series successfully delivered six culturally appropriate education sessions around the unique needs of Elders from a distance to 87 healthcare providers working in First Nations communities from across the country.

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**Miigwetch-Thank you!**



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**Contact Information**

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New Program Website:  
<http://www.saintelizabeth.com/fnim>